

# Suspected COVID – 19

## Guidance University Hospital:

Hairmyers  Monklands  Wishaw

Ward/Area:.....

Date:...../...../..... Time:.....:.....hrs

CHI no .....

First name ..... DOB ..... /..... /.....

Last name ..... Sex:  M  F

Address .....

.....

.....

or attach addressograph label here

### Initial investigations

- Bloods including cultures
- ECG
- CXR
- COVID swabs taken and sent\*

### Testing criteria

1. Clinical/ radiological pneumonia
2. Acute Respiratory Distress Syndrome
3. Influenza like illness: Fever >37.8 AND one of:
  - Persistent Cough
  - Hoarseness
  - Nasal discharge
  - Sore Throat
  - Shortness of breath
  - Wheeze

### Escalation

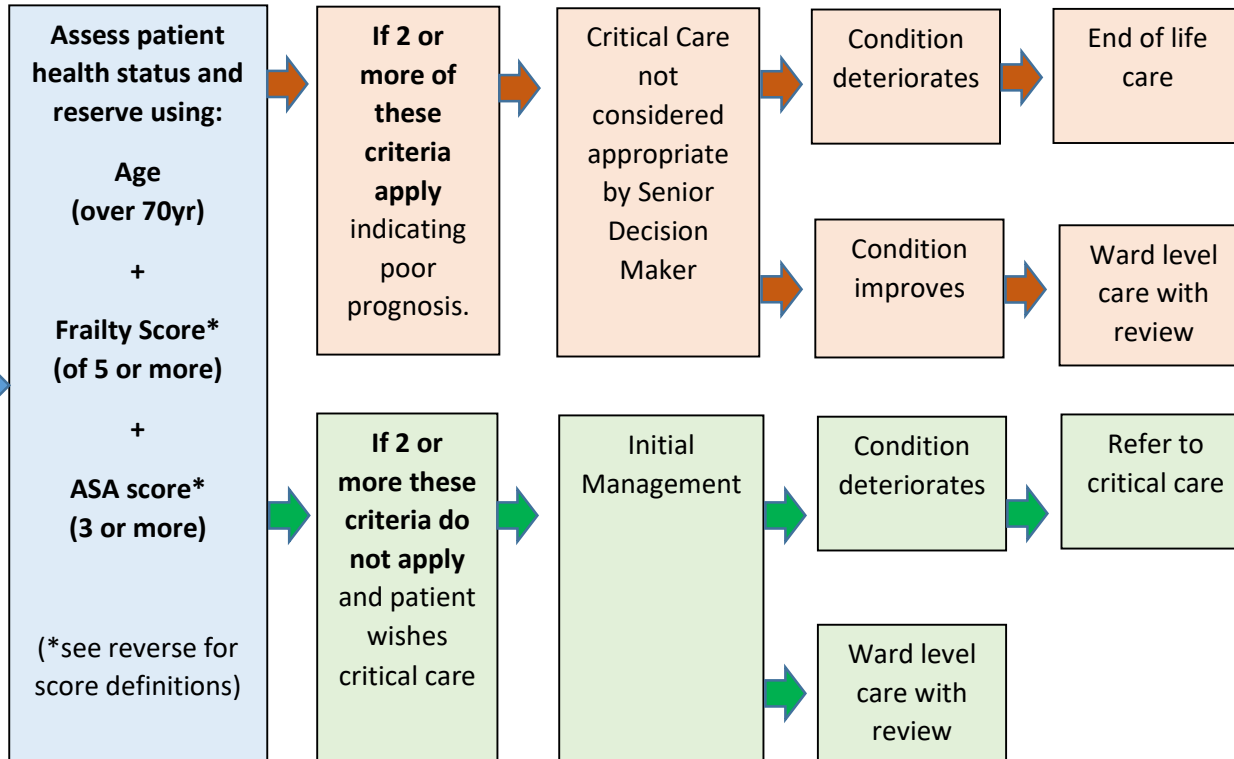
Is this patient suitable for intubation/invasive ventilation?

Take account of patient wishes.

### Management

- Oxygen. Target Sats no more than 92%
- IV fluids ONLY if clinically indicated
- Stop antihypertensives / nephrotoxics / SGLT 2 inhibitors (Dapa /Cana /Empagliflozin)
- For Metformin follow standard precautions
- Antibiotics according to local policy for chest sepsis
- DVT prophylaxis
- Prn Paracetamol

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### Decision Documentation

- DNA CPR form filled out
- TELP filled out

Remember to:

### ISOLATE and USE PPE

Completed by: (PRINT NAME)

.....

Designation:










.....

Signature:

.....

Classification	Description		
ASA 1	Healthy patients		
ASA 2	Mild to moderate systematic disease caused by a condition or other pathological processes, and medically well controlled	<b>Specifically consider conditions known to be susceptible to Covid 19:</b> <ul style="list-style-type: none"> <li>• Ischaemic Heart Disease (angina at minimal effort)</li> <li>• Heart Failure (NYHA II)</li> <li>• Active Cancer</li> <li>• Diabetes with end organ damage</li> <li>• Chronic respiratory disease (FEV<sub>1</sub> &lt; 50%)</li> <li>• Obesity &gt; 40 BMI</li> <li>• High Blood Pressure with end organ damage</li> </ul>	
ASA 3	Severe disease process which limits activity but is not incapacitating		
ASA 4	Severe incapacitating disease process that is a constant threat to life		

### Clinical Frailty Scale

	<b>1 Very Fit</b> – People who are robust, active, energetic and motivated. These people commonly exercise regularly. They are the fittest for their age.		<b>7 Severely Frail</b> – <b>Completely dependent for personal care</b> , from whatever cause (physical or cognitive). Even so, they seem stable and not at high risk of dying (within ~ 6 months)
	<b>2 Well</b> – People who have <b>no active disease symptoms</b> but are less fit than category 1. Often, they exercise or are very <b>active occasionally</b> , e.g. seasonally.		<b>8 Very Severely Frail</b> – Completely dependent, approaching the end of life. Typically, they could not recover from a minor illness.
	<b>3 Managing Well</b> – People whose <b>medical problems are well controlled</b> , but are <b>not regularly active</b> beyond routine walking.		<b>9 Terminally Ill</b> – Approaching the end of life. This category applies to people with a <b>life expectancy &lt; 6 months</b> , who are <b>not otherwise evidently frail</b> .
	<b>4 Vulnerable</b> – While <b>not dependant</b> on others for daily help, often <b>symptoms limit activities</b> . A common complaint is being “slowed up”, and/or being tired during the day.	<div style="border: 2px solid red; padding: 10px;"> <p>Any patient aged under 65, or patient of any age with stable long-term disabilities (for example, cerebral palsy), learning disabilities or autism: <b>do an individual assessment of frailty</b>. Do not use the Clinical Frailty Score.</p> <p>© NICE 2020 (COVID-19 rapid guideline: critical care)</p> </div> <p>Canadian Study on Health &amp; Aging Revised 2008. K. Rockwood et al. A global clinical measure of fitness and frailty in elderly people. CMAJ 2005; 173:489-494. © 2009. Version 1.2_EN. All rights reserved. Geriatric Medicine Research, Dalhousie University, Halifax, Canada. Permission granted to copy research for educational purposes only.</p>	
	<b>5 Mildly Frail</b> – These people often have <b>more evident slowing</b> , and need help in <b>high order IADLs</b> (finances, transportation, mild frailty progressively impairs shopping and walking outside alone, meal preparation and housework).		
	<b>6 Moderately Frail</b> – People need help with <b>all outside activities</b> and with <b>keeping house</b> . Inside, they often have problems with stairs and need <b>help with bathing</b> and might need minimal assistance (cuing, standby) with dressing.		